

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1 10:00 Walmart 10:00 Exercise Yoga 10:30 Music in the parlor 2:00 Bingo 2:00 Movie Matinee 3:30 do Music Entertainment 4:00 up Monday Manicure 6:00 Movie Night	2 9:00 to 1:00 Legacy Vitals downstairs act. room 10:00 up Exercise Ballroom 11:00 pa Current events in the Parlor 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	3 10:00 up Exercise Fun and Fit 11:00 up Bible Study 1:30 up Sunday School 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	4 10:00 up Exercise Ballroom 10:30 pa Trivia in the parlor 1:30 pa Table Games 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	5 10:00 up Chair Yoga with Kate 10:30 pa Tea Time 1:00 Deseret Industries Shopping 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	6 9:30 up Exercise 10:30 sc Scenic Drive 2:00 Bingo 2:00 Movie Matinee 6:00 th Lawrence Welk
7 10:00 do LDS Sacrament meeting 11:00 do Relief Society and Priesthood meeting 2:00 Movie Matinee 3:00 LDS Scripture Reading	8 10:00 Walmart 10:00 Exercise Yoga 10:30 Music in the parlor 1:00 do Resident Council and Treats 2:00 Movie Matinee 2:00 Bingo 3:30 do Music Entertainment 4:00 up Monday Manicure 6:00 Movie Night	9 10:00 up Exercise Ballroom 11:00 pa Current events in the Parlor 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	10 10:00 Exercise Sit & Dance 11:00 up Bible Study 1:30 up Sunday School 2:00 Wacky Wednesday 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	11 10:00 up Exercise Ballroom 10:30 pa Trivia in the parlor 1:30 pa Table Games 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	12 10:00 up Chair Yoga with Kate 10:30 pa Music in the Parlor 11:00 Lunch Bunch 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	13 9:30 up Exercise 10:30 sc Scenic Drive 2:00 Bingo 2:00 Movie Matinee 6:00 th Lawrence Welk
14 10:00 do LDS Sacrament meeting 11:00 do Relief Society and Priesthood meeting 2:00 Movie Matinee 3:00 LDS Scripture Reading	Martin Luther King Jr. Day 15 10:00 Walmart 10:00 Exercise Yoga 10:30 Music in the parlor 2:00 Bingo 2:00 Movie Matinee 3:30 do Music Entertainment 4:00 up Monday Manicure 6:00 Family Home Evening 6:00 Movie Night	16 10:00 up Exercise Ballroom 11:00 pa Current events in the Parlor 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	17 10:00 Exercise Fun & Fit 11:00 up Bible Study 1:30 up Sunday School 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	18 10:00 up Exercise Ballroom 10:30 pa Trivia in the parlor 1:30 pa Table Games 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	19 10:00 up Chair Yoga with Kate 10:30 pa Tea Time 12:45 Payson Temple 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	20 9:30 up Exercise 10:30 sc Scenic Drive 2:00 Bingo 2:00 Movie Matinee 6:00 th Lawrence Welk
21 10:00 do LDS Sacrament meeting 11:00 do Relief Society and Priesthood meeting 2:00 Movie Matinee 3:00 LDS Scripture Reading	22 10:00 Walmart 10:00 Exercise Yoga 10:30 Music in the parlor 2:00 Movie Matinee 2:00 Bingo 3:30 do Music Entertainment 4:00 up Monday Manicure 6:00 Movie Night	23 10:00 up Exercise Ballroom 11:00 pa Current events in the Parlor 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	24 10:00 Exercise Sit & Dance 11:00 up Bible Study 1:30 up Sunday School 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	25 10:00 up Exercise Ballroom 10:30 pa Trivia in the parlor 1:30 pa Table Games 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	26 10:00 up Chair Yoga with Kate 10:30 pa Tea Time 2:00 Out to the Movies 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	27 9:30 up Exercise 10:30 sc Scenic Drive 2:00 Bingo 2:00 Movie Matinee 6:00 th Lawrence Welk
28 10:00 do LDS Sacrament meeting 11:00 do Relief Society and Priesthood meeting 2:00 Movie Matinee 3:00 LDS Scripture Reading	29 10:00 Walmart 10:00 Exercise Yoga 10:30 Music in the parlor 2:00 Movie Matinee 2:00 Bingo 3:30 do Music Entertainment 4:00 up Monday Manicure 6:00 Movie Night	30 10:00 up Exercise Ballroom 11:00 pa Current events in the Parlor 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night	31 10:00 Exercise Fun & Fit 11:00 up Bible Study 1:30 up Sunday School 2:00 Movie Matinee 3:00 up Bingo 6:00 Movie Night			