

# Legacy House

## OF SPANISH FORK

1449 E 150 S • Spanish Fork, UT 84660 • (801) 892-2000

### Legacy House Administration

Scott Chamberlain.....Executive Director  
(801) 804-5100  
Shelby Atwood .....Asst. Administrator  
(801) 804-5109  
Kent Sorensen .....Marketing Director  
(801) 804-5101  
Kim Brandon.....Administrative Asst.  
(801) 892-2000  
Jessica West .....Care Coordinator  
(801) 804-5104  
Valoy Fowlke.....Activities Director  
(801) 804-5105  
Flo Bushman.....Memory Care Specialist  
(801) 427-7854  
Melanie Smith.....Food Service Director  
(801) 804-5106  
Kyle Gardner.....Maintenance Director  
(801) 804-5108



April 2019



### Feathering Their Nests

Constructing a cozy nest for their eggs is a springtime rite that many birds are now undertaking. The most common type is the classic cup-shaped nest. Experts say birds take several days to gather and skillfully weave together twigs, grass, cobwebs, mud and other materials they find to build these intricate structures.

### Winter Wardrobe Storage Tip

When hanging up your winter coat for the season, protect it with a garment bag fashioned from a pillowcase. Cut a small slit in the center of the sewn end of a clean pillowcase. Slip the hanger through the hole and pull the case down over your coat.

### Rabbits for Luck

Rabbits have long been considered good luck in many cultures. Some believe that simply speaking the words "rabbit, rabbit" upon waking on the first day of the month will breed good fortune for the days to come. Historians say it's a tradition that can be traced back to 1900s England, and President Franklin D. Roosevelt is said to have started each month with the phrase.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	10:00 Exercise Ballroom <b>10:00 Walmart</b> 10:30 Music in the parlor 2:00 Movie Matinee 2:00 Bingo <b>3:30 Music Entertainment downstairs act. room</b> 6:00 Movie Night	<b>9:30 Traveling Library upstairs</b> <b>10:00 Chair Yoga with Brielle</b> 10:30 Mix & Mingle in the Parlor <b>11:00 Manicure Fun</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	<b>10:00 Exercise Fun &amp; Fit</b> <b>11:00 Bible Study</b> <b>1:30 Book of Mormon reading upstairs act. Rm</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	<b>10:00 Chair Yoga with Chamaine</b> <b>10:30 Sentimental Sing A long upstairs act room</b> 2:00 Movie Matinee <b>2:00 Wheel of Fortune</b> 3:00 Bingo 6:00 Movie Night	10:00 Exercise Ballroom & prize drawing <b>10:30 Tea Time upstairs act. room</b> <b>11:00 Scenic drive &amp; sack lunch</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	<b>10:00 General Conference</b> 10:00 Exercise 2:00 Movie Matinee <b>2:00 General Conference</b> 2:00 Bingo 6:00 Netflix residents' choice
7	8	9	10	11	12	13
<b>10:00 General Conference</b> 2:00 Movie Matinee <b>2:00 General Conference</b> <b>4:30 Mix, Mingle &amp; Puzzles in the parlor</b> 6:00 Movie Night Hallmark	10:00 Exercise Ballroom <b>10:00 Walmart</b> 10:30 Music in the parlor <b>1:00 Resident Council downstairs act. room</b> 2:00 Bingo 2:00 Movie Matinee <b>3:30 Music Entertainment downstairs act. room</b> 6:00 Movie Night	<b>10:00 Chair Yoga with Brielle</b> 10:30 Mix & Mingle in the Parlor <b>11:00 Manicure Fun</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	<b>10:00 Exercise Sit &amp; Dance</b> <b>11:00 Bible Study</b> <b>1:30 Sunday School</b> <b>2:00 Wacky Wednesday Social</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	<b>10:00 Chair Yoga with Chamaine</b> <b>10:30 Sentimental Sing A long upstairs act room</b> <b>2:00 Wheel of Fortune</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	10:00 Exercise Ballroom & prize drawing <b>10:30 Tea Time upstairs act. room</b> <b>11:00 Lunch Bunch</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	10:00 Exercise <b>10:30 Scenic drive</b> 10:30 Music in the Parlor 2:00 Bingo 2:00 Movie Matinee 6:00 Netflix residents' choice
14	15	16	17	18	19	20
10:00 LDS Sacrament 11:00 Relief Society & Priesthood meeting 2:00 Movie Matinee <b>4:30 Mix, Mingle &amp; Puzzles in the parlor</b> 6:00 Movie Night Hallmark	10:00 Exercise Ballroom <b>10:00 Walmart</b> 10:30 Music in the parlor 2:00 Bingo 2:00 Movie Matinee <b>3:30 Music Entertainment downstairs act. room</b> 6:00 Movie Night <b>6:15 Family Home Evening</b>	<b>10:00 Chair Yoga with Brielle</b> 10:30 Mix & Mingle in the Parlor <b>11:00 Manicure Fun</b> <b>2:00 The Accords</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	<b>10:00 Exercise Fun &amp; Fit</b> <b>11:00 Bible Study</b> <b>1:30 Book of Mormon reading upstairs act. Rm</b> <b>2:00 Walmart</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	<b>10:00 Chair Yoga with Chamaine</b> <b>10:30 Sentimental Sing A long upstairs act room</b> 2:00 Movie Matinee <b>2:00 Wheel of Fortune</b> 3:00 Bingo <b>4:00 Piano recital</b> 6:00 Movie Night	10:00 Exercise Ballroom & prize drawing <b>10:30 Tea Time upstairs act. room</b> 2:00 Movie Matinee 3:00 Bingo <b>3:30 Family Easter Egg Hunt</b> 6:00 Movie Night	10:00 Exercise 10:30 Music in the Parlor 2:00 Movie Matinee 2:00 Bingo 6:00 Netflix residents' choice
21	22	23	24	25	26	27
<b>HAPPY EASTER</b> 10:00 LDS Sacrament <b>11:00 Sunday School</b> 2:00 Movie Matinee <b>4:30 Mix, Mingle &amp; Puzzles in the parlor</b> 6:00 Movie Night Hallmark	<b>10:00 Walmart</b> 10:00 Exercise Ballroom 10:30 Music in the parlor 2:00 Bingo 2:00 Movie Matinee <b>3:30 Music Entertainment downstairs act. room</b> 6:00 Movie Night	<b>10:00 Chair Yoga with Brielle</b> 10:30 Mix & Mingle in the Parlor <b>11:00 Manicure Fun</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	<b>10:00 Exercise Sit &amp; Dance</b> <b>11:00 Bible Study</b> <b>1:30 Sunday School</b> <b>2:00 Macy's &amp; Dollar Store trip</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	<b>10:00 Chair Yoga with Chamaine</b> <b>10:30 Sentimental Sing A long upstairs act room</b> 2:00 Movie Matinee <b>2:00 Wheel of Fortune</b> 3:00 Bingo 6:00 Movie Night	10:00 Exercise Ballroom & prize drawing <b>10:30 Tea Time upstairs act. room</b> <b>12:30 Payson Temple Trip</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	10:00 Exercise 10:30 Music in the Parlor <b>10:30 Scenic drive</b> 2:00 Bingo 2:00 Movie Matinee 6:00 Netflix residents' choice
28	29	30				
10:00 LDS Sacrament 11:00 Relief Society & Priesthood meeting 2:00 Movie Matinee <b>4:30 Mix, Mingle &amp; Puzzles in the parlor</b> 6:00 Movie Night Hallmark	<b>10:00 Walmart</b> 10:00 Exercise Ballroom 10:30 Music in the parlor 2:00 Bingo 2:00 Movie Matinee <b>3:30 Music Entertainment downstairs act. room</b> 6:00 Movie Night	<b>10:00 Chair Yoga with Brielle</b> 10:30 Mix & Mingle in the Parlor <b>11:00 Manicure Fun</b> 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night				



## “This Month In History”

### APRIL

**1912:** Considered the first movie palace, the Strand Theatre opens in New York City. The lavish building could seat nearly 3,000 people.

**1924:** The first book of crossword puzzles is published.

**1935:** Congress votes to establish the Works Progress Administration. The WPA created jobs for out-of-work Americans during the Great Depression.

**1947:** A two-lane bowling alley built inside the White House is unveiled. It was an early birthday present for President Harry S. Truman.

**1956:** World heavyweight champion Rocky Marciano retires from boxing undefeated.

**1969:** At the 41st Academy Awards ceremony, Katharine Hepburn and Barbra Streisand tie for best actress. Hepburn won for “The Lion in Winter” and Streisand for “Funny Girl.”

**1976:** Barbara Walters is named the first female co-anchor of a network evening news program. She teamed with Harry Reasoner on ABC.

**1983:** Alice Walker wins the Pulitzer Prize for her novel “The Color Purple.”

**1993:** The U.S. Holocaust Memorial Museum is dedicated in Washington, D.C.

**2008:** Pop star Beyoncé Knowles weds rapper Jay-Z in New York City.

**2011:** In the largest outbreak ever recorded, more than 300 tornadoes hit 15 states in the southern and eastern U.S.

**2018:** Prince Louis, the third child of England’s Prince William and his wife, Catherine, is born in London.