

Legacy House

OF SPANISH FORK

1449 E 150 S • Spanish Fork, UT 84660 • (801) 892-2000

Legacy House Administration

Scott Chamberlain.....Executive Director
(801) 804-5100
Shelby AtwoodAsst. Administrator
(801) 804-5109
Kent SorensenMarketing Director
(801) 804-5101
Kim Brandon.....Administrative Asst.
(801) 892-2000
Jessica WestCare Coordinator
(801) 804-5104
Valoy Fowlke.....Activities Director
(801) 804-5105
Flo Bushman.....Memory Care Specialist
(801) 427-7854
Melanie Smith.....Food Service Director
(801) 804-5106
Matt Hyatt.....Maintenance Director
(801) 804-5108



Jay 9-2
Esther9-4
Louise.....9-19
Betty.....9-20
Gerry.....9-29

September 2019



Apples of Our Eye

September signals the peak season for an autumn staple, apples. One of the most popular fruits, apples are grown commercially in over 30 states, with orchards harvesting 240 million bushels of them each year. Because the fruit bruises easily, all those apples must be picked by hand.

Remember When: Card Catalogs

Searching for a book in a library once involved pulling out a long, narrow drawer of a card catalog. Using the Dewey Decimal System, each book was categorized by subject, title, author and other information, which was printed on index cards and filed in cabinets with rows of small drawers. In large libraries, card catalogs could fill an entire room.

NFL's Centennial Season

Are you ready for some football? The NFL kicks off its 100th season Sept. 5 with one of the sport's most storied rivalries as the Chicago Bears face the Green Bay Packers. The league will commemorate its anniversary with special events throughout the season.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Sacrament 11:00 Sunday School 2:00 Movie Matinee 4:30 Mix, Mingle & Puzzles in the parlor 6:00 Movie Night Hallmark	2 Labor Day 10:00 Exercise Ballroom 10:00 Walmart 10:30 Music in the parlor 2:00 Bingo 2:00 Movie Matinee 3:30 Music Entertainment downstairs act. room 6:00 Movie Night	3 10:00 Chair Yoga with Brielle downstairs 11:00 Nail painting with Diamond Fork Jr. High group 2:00 Movie Matinee 2:00 Wheel of Fortune 3:00 Bingo 6:00 Movie Night	4 10:00 Exercise Fun & Fit 11:00 Bible Study 1:30 Sunday School 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	5 10:00 Chair Yoga with Chamaine downstairs 11:00 Music Sing a long upstairs act room 2:00 Movie Matinee 2:00 Patio Chat 6:00 Movie Night	6 10:00 Exercise Ballroom 10:30 Mix Mingle & puzzles in the Parlor 11:00 Nebo loop & sack lunch 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	7 10:00 Exercise DVD 10:30 Music in the Parlor 10:30 Scenic Drive 2:00 Bingo 2:00 Movie Matinee 6:00 Netflix Residents' Choice
8 10:00 Sacrament 11:00 Relief Society and Priesthood meeting 2:00 Movie Matinee 4:30 Mix, Mingle & Puzzles in the parlor 6:00 Movie Night Hallmark	9 10:00 Exercise Ballroom 10:00 Walmart 10:30 Music in the parlor 2:00 Bingo 2:00 Movie Matinee 3:30 Music Entertainment downstairs act. room 6:00 Movie Night	10 10:00 Chair Yoga with Brielle downstairs 11:00 Nail painting with Diamond Fork Jr. High group 2:00 Movie Matinee 2:00 Table Talk & Trivia 3:00 Bingo 6:00 Movie Night	11 10:00 Exercise Sit & Dance 11:00 Bible Study 1:30 Book of Mormon reading upstairs act. Rm 1:30 Wacky Wednesday Social upstairs act room 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	12 10:00 Chair Yoga with Chamaine downstairs 11:00 Music Sing a long upstairs act room 2:00 Movie Matinee 2:00 Patio Chat 6:00 Movie Night	13 10:00 Exercise Ballroom 10:30 Mix Mingle & puzzles in the Parlor 11:00 Lunch Bunch 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	14 10:00 Exercise DVD 10:30 Music in the Parlor 2:00 Bingo 2:00 Movie Matinee 6:00 Netflix Residents' Choice
15 10:00 Sacrament 11:00 Sunday School 2:00 Movie Matinee 4:30 Mix, Mingle & Puzzles in the parlor 6:00 Movie Night Hallmark	16 10:00 Exercise Ballroom 10:00 Walmart 10:30 Music in the parlor 2:00 Bingo 2:00 Movie Matinee 3:30 Music Entertainment downstairs act. room 6:00 Movie Night 6:15 Family Home Evening downstairs	17 10:00 Chair Yoga with Brielle downstairs 11:00 Nail painting with Diamond Fork Jr. High group 2:00 Movie Matinee 2:00 Wheel of Fortune 3:00 Bingo 6:00 Movie Night	18 10:00 Exercise Fun & Fit 11:00 Bible Study 1:30 Sunday School 2:00 Movie Matinee 2:00 Walmart 3:00 Bingo 6:00 Movie Night	19 10:00 Chair Yoga with Chamaine downstairs 11:00 Music Sing a long upstairs act room 2:00 Movie Matinee 2:00 Patio Chat 6:00 Movie Night	20 10:00 Exercise Ballroom 10:30 Mix Mingle & puzzles in the Parlor 2:00 Movie Matinee 3:00 Bingo 4:30 Luau Dinner must RSVP by Sept 11th 6:00 Entertainment 6:00 Movie Night	21 10:00 Exercise DVD 10:30 Music in the Parlor 10:30 Scenic Drive 2:00 Bingo 2:00 Movie Matinee 6:00 Netflix Residents' Choice
22 10:00 Sacrament 11:00 Relief Society and Priesthood meeting 2:00 Movie Matinee 4:30 Mix, Mingle & Puzzles in the parlor 6:00 Movie Night Hallmark	23 10:00 Exercise Ballroom 10:00 Walmart 10:30 Music in the parlor 2:00 Bingo 2:00 Movie Matinee 3:30 Music Entertainment downstairs act. room 6:00 Movie Night	24 10:00 Chair Yoga with Brielle downstairs 11:00 Nail painting with Diamond Fork Jr. High group 2:00 Movie Matinee 2:00 Table Talk & Trivia 3:00 Bingo 6:00 Movie Night	25 10:00 Exercise Sit & Dance 11:00 Bible Study 1:30 Book of Mormon reading upstairs act. Rm 2:00 \$ Store & Macy's 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	26 10:00 Chair Yoga with Chamaine downstairs 11:00 Music Sing a long upstairs act room 2:00 Movie Matinee 2:00 Patio Chat 3:00 Bingo 6:00 Movie Night	27 10:00 Exercise Ballroom 10:30 Mix Mingle & puzzles in the Parlor 11:00 Nebo loop & sack lunch 2:00 Movie Matinee 3:00 Bingo 6:00 Movie Night	28 10:00 Exercise DVD 10:30 Music in the Parlor 2:00 Bingo 2:00 Movie Matinee 6:00 Netflix Residents' Choice
29 10:00 Sacrament 11:00 Relief Society and Priesthood meeting 2:00 Movie Matinee 4:30 Mix, Mingle & Puzzles in the parlor 6:00 Movie Night Hallmark	30 10:00 Exercise Ballroom 10:00 Walmart 10:30 Music in the parlor 2:00 Bingo 2:00 Movie Matinee 3:30 Music Entertainment downstairs act. room 6:00 Movie Night					



“This Month In History” SEPTEMBER

1928: By accident, Scottish scientist Alexander Fleming discovers penicillin, the world’s first antibiotic.

1930: American Bobby Jones becomes the first to achieve the Grand Slam of golf by winning the year’s four major championships.

1955: Little Richard records what will be his first major hit, “Tutti Frutti.” Loud and with a driving beat, the song is hailed as pioneering the rock ‘n’ roll sound.

1970: A groundbreaking sitcom at the time, “The Mary Tyler Moore Show” premieres.

1987: New York City’s Rockefeller Center is declared a National Historic Landmark.

1998: A new federal law mandates that all automobiles sold in the U.S. must be equipped with air bags.

2002: Kelly Clarkson is named the first “American Idol” for the inaugural season of the TV singing competition. Clarkson has gone on to top the music charts and win several Grammy Awards.

2011: After 41 years, the daytime TV soap opera “All My Children” airs its final episode.